



PUBLICATION:
Elevate

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FOCUS:
Professional Reputation

3. SKIN MEDICA TNS RECOVERY COMPLEX

THE EXPERT Dr. Marc DuPère, plastic surgeon and president of Visage Clinic in Toronto, 416-929-9800, www.visageclinic.ca.

THE DETAILS "If you saw this product on Oprah, you'll know you can get glowing, hydrated skin with fewer wrinkles, sun damage and age spots in a short period of time," says Dr. DuPère. "TNS provides natural growth factors, antioxidants and the collagen your skin needs to fight natural elements and aging. Apply it before your daily moisturizer."

BEST FOR Any skin type, including sensitive skin – it's non-irritating and won't cause peeling or burning. Use it after your daily toner before your moisturizer.



Six surgeons weigh in with their favourite skin-care products of the season.

BEAUTY IN A BOTTLE

OBAGI CLEAR

THE EXPERT Dr. Willem G. Maklakov, cosmetic surgeon at the Advanced Laser & Cosmetic Surgery Centre in Toronto, 416-961-3223, www.maklakov.com.
THE DETAILS "Obagi Clear is the most advanced topical cream available on the market right now," says Dr. Maklakov. "It improves the appearance of sun-damaged and aging skin by reducing the melanin and aging cells, which cause pigmentation and yellow skin. Use once or twice a day for best results."
BEST FOR Use for hyperpigmentation.
BUY IT Go to www.obagimedic.com to find a doctor in your area or contact your dermatologist.

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4. REVERSA ANTI-WRINKLE CREAM SPF 15
THE EXPERT Dr. Paul Cohen, Toronto-based dermatologist, 416-487-3453.
THE DETAILS "The cream contains eight per cent glycolic acid, which gently exfoliates the skin to prevent fine lines, stimulate collagen, stimulate growth and give your skin a radiant glow," says Dr. Cohen. Plus, the SPF 15 means you're protected from the sun. Use it daily, especially between chemical peels.
BEST FOR Normal to dry skin types. If you have oily skin, use the 15 SPF version.
BUY IT Go to www.obagimedic.com to find a doctor in your area or contact your dermatologist.

5. ALYRIA RETINOL NIGHT COMPLEX LEVEL 1 & 2
THE EXPERT Dr. Trevor Barn, plastic surgeon at 799 Avenue Rd. in Toronto, 416-921-7246, www.drbarn.com.
THE DETAILS "This product is the most powerful source of retinoic acid – which helps to soften fine lines," says Dr. Barn. "For patients that have never used retinoic acid or a Retin-A product, this cream is ideal as a starting-off point to retine your skin."
BEST FOR Patients looking for an anti-aging product to help slow down the development of fine lines and wrinkles.
BUY IT Go to www.obagimedic.com or call 1-866-925-9742.

4. VIVIER TOPICAL MUSCLE RELAXANT
THE EXPERT Dr. Robert Shughlin, Director of Surgery at Reception, Cosmetic Surgery & Laser Clinic, 705-471-4444, www.drcosmetology.com.
THE DETAILS "Patients love this product because it reduces the depth of wrinkles by 27 per cent in 30 days." Used in conjunction with Botox (which relaxes the muscle 90 per cent), this cream sustains the duration of Botox (so you don't have to get repeat treatments).
BEST FOR Treats skin around the eyes and the upper lip.
BUY IT Go to www.drcosmetology.com to find a doctor in your area or contact your dermatologist.