



PUBLICATION:
Elevate

DATE:
Spring 2004

PAGE:
58

FOCUS:
Botox

Dr. Marc DuPéré says Botox was obviously the most common procedure visible. “Most actresses had no forehead wrinkles. Many demonstrated the “in” Botox-induced (no surgery required for the 40s and 50s) browlift procedure.”

And everyone – men and women – seemed to be taking better care of their skin, says DuPéré. Most stars now recognize the benefits of vitamin A derivatives, vitamin C, hydroquinone and growth hormones.”



HOW STARS GET THAT RED-CARPET GLOW

BY GRACEY HITCHCOCK

80 to 90 per cent of female stars had some type of dental cosmetic treatment. He believes most under-40 female celebrities had their teeth whitened or veneers put on. According to Bhandari, James Lee Curtis, Charlize Theron, Julia Roberts and Nicole Kidman are their loyal clients to name. He also believes Tom Cruise got his durable flexa veneers, whitening and braces.

And everyone—men and women—seemed to be taking better care of their skin, says DuPéré. “Most stars now recognize the benefits of vitamin A derivatives, vitamin C, hydroquinone and growth hormones.” Gwyneth Paltrow was shocked to compare relative skin and everyone else’s. “It was startling. The celebrities had beautiful skin with smooth even tones, no blemishes, blood vessels—the skin was taut and glowing.”

“You get stars like this from proper care, the right products and treatments—not surgery,” she explains. “The stars use creams that contain vitamins C, A, and E and glycolic acids. They go for treatments like micro-needling and IPL (intense pulsed light) to reduce brown spots and even skin tone. They do it all and you see the results.”

Overberg also had the skinny on liposuction. He says it’s the only way everyone could look as smooth and perfect in such revealing clothes.

For hair, it was also the year of the “perfect haircut.” Many big stars—Nicole, Charlize, Liv and Naomi—generally opted small ring cuts. That’s not to say we can appreciate the more generous changes of Catherine Zeta-Jones, Susan Sarandon and Angelina Jolie. However, legs and small, trim in at the Oscars—as long as they were firm and filled upwards.

For men, hair transplants are always an option. If they even arrived, Overberg suspects they lasted instead. He also says that as well some “facial cosmetic” done with everything pulled up too often and too tightly. But just a few stars were clinging to this look.

This year’s winning Oscar style was soft, youthful and glowing with health. It’s glamorous everyone can aspire to—a look based on fitness and health, and perfected with the help of the doctor’s expertise, artistry and instincts.

Editorial Sources

- Dr. Kevin Silvestro, 212-822-2110
- Dr. Sylvia Green House, 301-649-8014
- Dr. Michael Overberg, 905-873-2943
- Dr. Marc G. DuPéré, 416-339-8881
- Dr. David Bhandari, 1-888-347-0177