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Spot Kit



## spot kit

Adult acne affects 40 to 55 per cent of all adults. More persistent than the teen version, adult acne causes more prevalent scarring since aging skin isn't able to repair itself as easily. Thankfully, Dermalogica recently launched MediBac Clearing Adult Acne Treatment Kit (\$75), which includes travel-size versions of Clearing Skin Wash, Clearing Mattifier, Overnight Clearing Gel, Concealing Spot Treatment and Sebum Clearing Masque, so you can have clear skin, even on vacation.

20 million North Americans are affected by adult acne.

anti-aging + beauty



## Key ingredient: CoffeeBerry

"There's only so much pulling you can do to the face with a facelift," says Dr. Marc DuPéré, MD, CM, FRCS(C), a plastic surgeon at Visage Clinic in Toronto, who recommends Revaléskin to his clients of all ages. The new line, which includes Facial Cleanser (\$40), Day Cream (with SPF 15, \$80) and Night Cream (\$110), contains CoffeeBerry. This extract of the unripe coffee bean fruit contains one of the highest scores of antioxidants (more than green tea, pomegranate or vitamins C and E). In a double-blind study of 30 testers, in which the cream was applied to only one side of the face for six weeks, the results showed a 10x improvement in fine lines, 4x improvement in the tone, texture and hydration and a 3x improvement in pigmentation. Adds Dr. DuPéré, "It's simple and unsex, but gives significant results." 